



CLINICAL TRIALS IN HUNGARY

Country Profile Update
March 2022





TOP 5 REASONS TO LOCATE YOUR CLINICAL TRIAL IN HUNGARY

1. Hungary is an EU member state which has a centralized health system that assists rapid patient recruitment.
2. It has a clear regulatory process and authorities that have been working to improve efficiencies resulting in quick approval periods and expedited timelines.
3. The country has a large pool of highly skilled and motivated medical professionals.
4. Hungary offers excellent recruitment potential across a wide range of therapeutic areas especially for multi-country trials.
5. Hungary has an excellent track record of producing high quality data as confirmed by positive inspection records from the FDA and EMA.

HUNGARY AT A GLANCE

- Hungary is a landlocked country located in Central Europe.
- It became a member state of the European Union in 2004.
- Population 9.75 million (2020)
- GDP \$164 billion
- Life Expectancy at Birth 76 years
- Largest city and capital is Budapest with a population of 1.75 million.
- Pharmaceutical sector is one of the main pillars of the Hungarian economy accounting for 7.5% of national GDP.

Source: World Bank

Hungary boasts several key advantages for Sponsors considering the country as a location for clinical research. Its membership of the EU, high standards in education (in particular clinical and medical training), recent national programs aimed at developing a strong medical research sector, and general economic initiatives aimed attracting international investment all mark Hungary out as an attractive location for international Sponsors.

Hungary is placed 10th worldwide in terms of the number of trials conducted in the country and 4th in Europe (based on population-proportional patient numbers). Each year approximately 20,000 patients participate in clinical trials in Hungary.

Cromos Pharma established its office in Budapest, Hungary in 2016.

HEALTH OF THE NATION

The average life expectancy at birth for males is 72 and for females is 79 years. This is significantly lower than the EU average life expectancy of 80.9 years (83.5 years for females and 78.3 for males). The two leading causes of death are malignant neoplasms (Hungary takes 1st place for the incidence of colorectal and lung cancer in the EU ranking list) and ischemic heart diseases.

TOP 10 CAUSES OF DEATH 2009-2019

rank			change %
2019	2009		
1	1	Ischemic heart disease	-0.3
2	2	Stroke	-8.2
3	3	Lung cancer	-6.3
4	7	Hypertensive heart desisase	36.8
5	4	Colorectal cancer	0.8
6	5	COPD	12.3
7	8	Alzheimer's disease	32.1
8	6	Cirrhosis	-26.2
9	10	Diabetes	0.3
10	11	Pancreatic cancer	6.6
14	9	Self-harm (Injuries)	-24.4

Top 10 causes of total number of deaths in 2019 and percent change 2009-2019, all ages combined

See related publication:

[https://doi.org/10.1016/S0140-6736\(20\)30925-9](https://doi.org/10.1016/S0140-6736(20)30925-9)

ADVANTAGES FOR SPONSORS

Significant naive patient population in a wide range of clinical indications

Hungary has a notable naive patient population in a wide range of therapeutic areas. Its patient population is well disposed to taking part in clinical trials in order to get access to novel and advanced treatments which may not be available to them through the national health system most notably in the area of oncology.

Competitive cost of research

The cost of research in Hungary is very competitive when compared to neighboring western EU countries and other emerging economies. In addition, investigator grants, supplementary vendor/ service costs are also highly competitive when compared worldwide.

Highly skilled clinical workforce producing high quality data

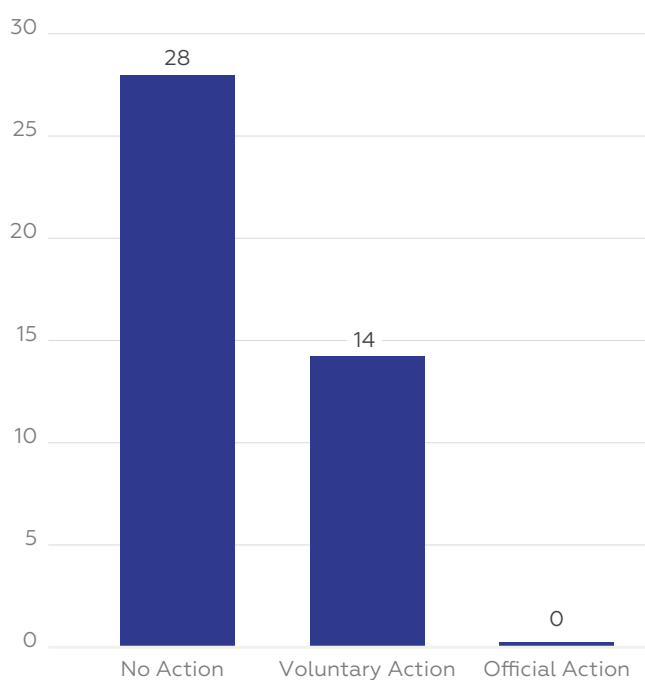
Hungary's experience in clinical trials has led to the development of a highly skilled clinical workforce which has gained a reputation for producing high quality data. These high standards are demonstrated by the results of international inspections. For example, between 2008-2020 the US Food and Drug Administration (FDA) carried out a total of 42 inspections. The results of which were 28 No Action Indicated, 14 Voluntary Action Indicated and no Official Action Indicated.

Centralized health system and excellent infrastructure

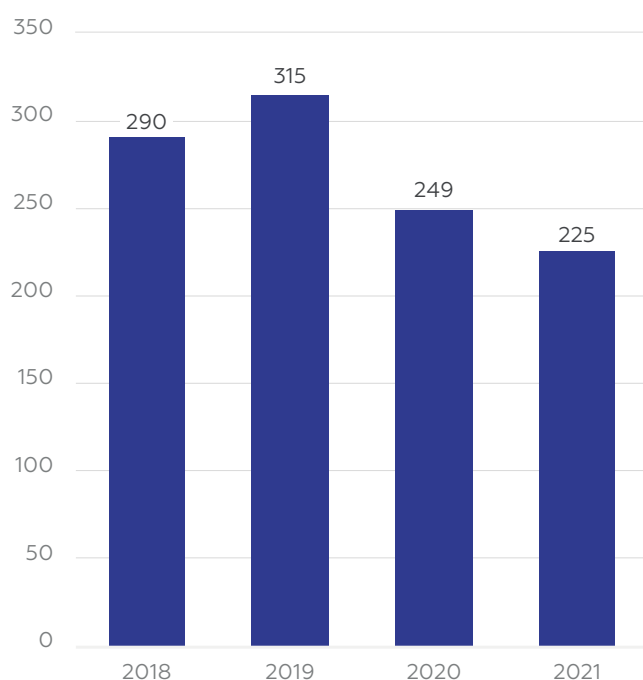
Hungary has a centralized health care system, with four medical universities (Budapest, Debrecen, Szeged, Pécs) and over 160 governmental hospitals (approx. 100 active treatment centers and several specialized/ rehabilitation institutions). Out of these, 18 specialise in conducting Phase I studies (four of them are Phase I oncology centers). There are 66 private health care providers and the majority are engaged in clinical trials, most of them utilizing site management organizations (SMO). Several SMO networks are present in Hungary that are specialized in conducting clinical studies. Hungary has a tax-funded universal health care system organized through the National Health Insurance Fund . There is also a wide range of private health insurance schemes available to citizens. The centralized nature of Hungary's health care system assists rapid patient recruitment.

FDA INSPECTIONS 2008-2020

TOTAL 42 Source: FDA Inspections database



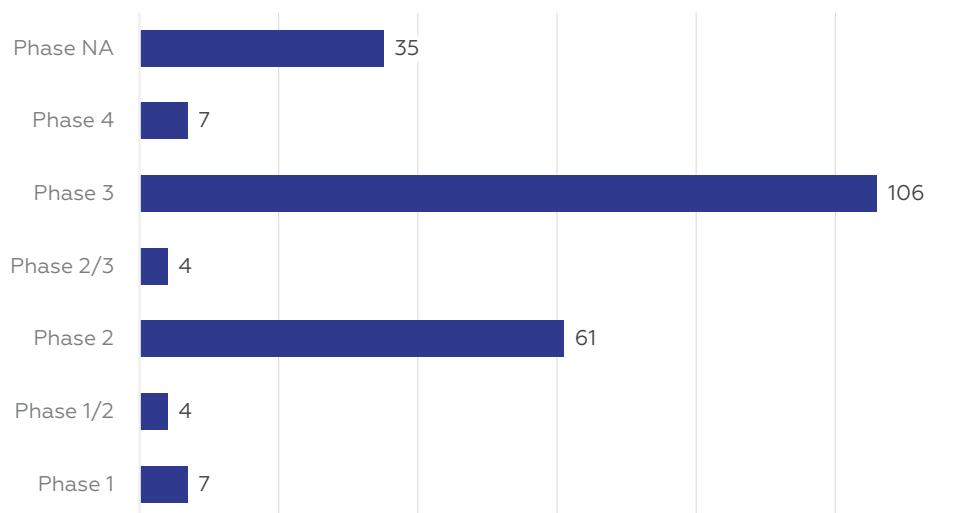
A SNAPSHOT OF CLINICAL TRIALS IN HUNGARY 2018 -2021



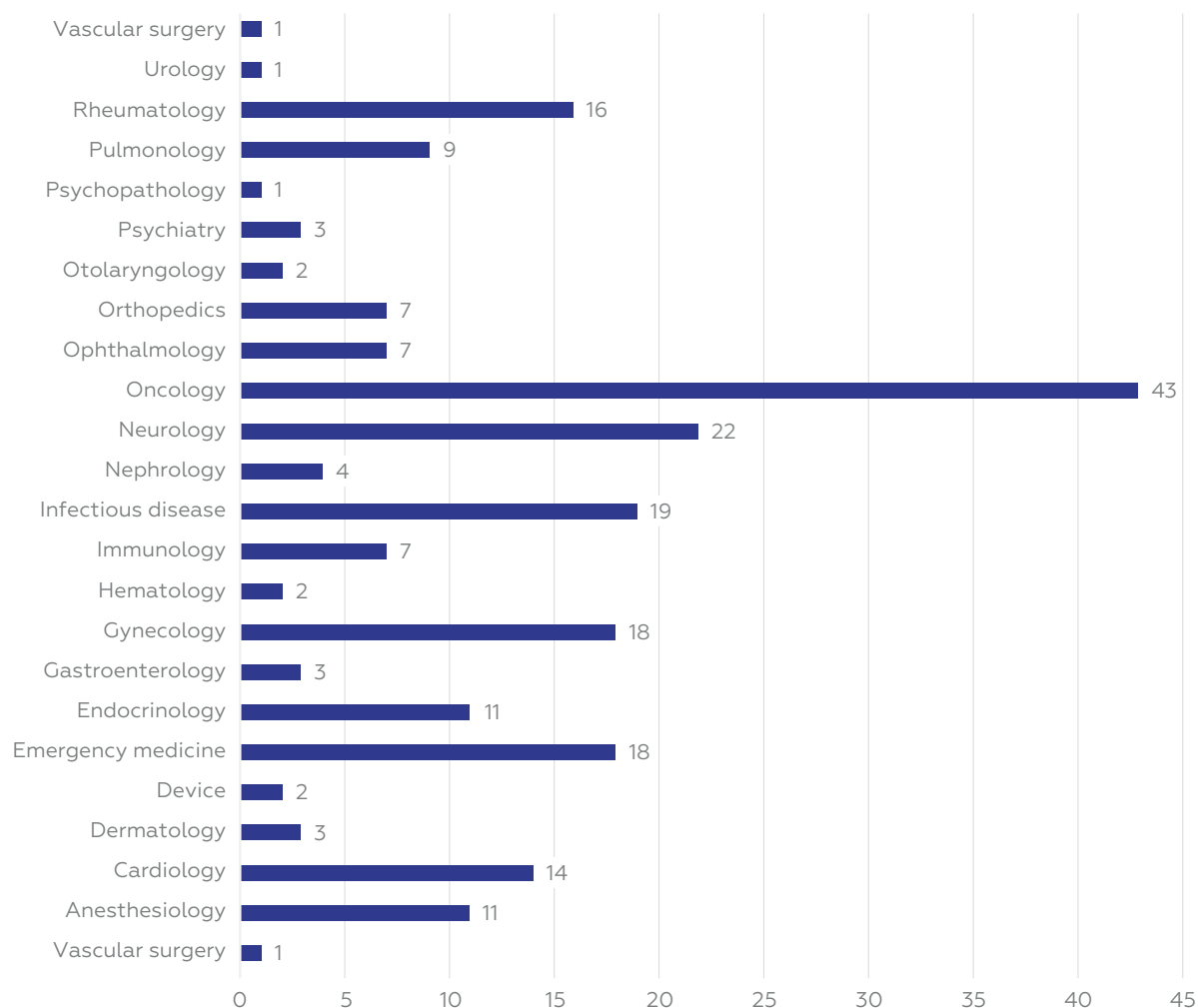
CLINICAL TRIALS INITIATED IN HUNGARY 2021

A total of 225 clinical trials were initiated in Hungary in 2021 according to data obtained from clinicaltrials.gov. This compares to 249 in 2020. The majority (106) were Phase 3 and oncology was the leading therapeutic area (43), followed by neurology (22) and infectious disease (19). International Sponsors represented 88% of trials initiated in 2021.

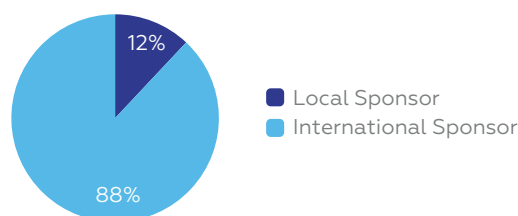
CLINICAL TRIALS IN HUNGARY 2021 BY PHASE



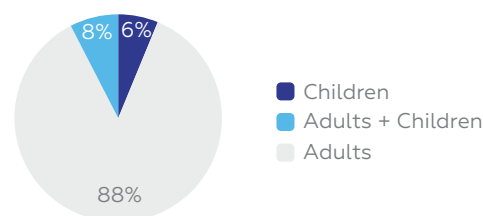
CLINICAL TRIALS IN HUNGARY 2021 BY THERAPEUTIC AREA



LOCAL VS INTERNATIONAL SPONSORS



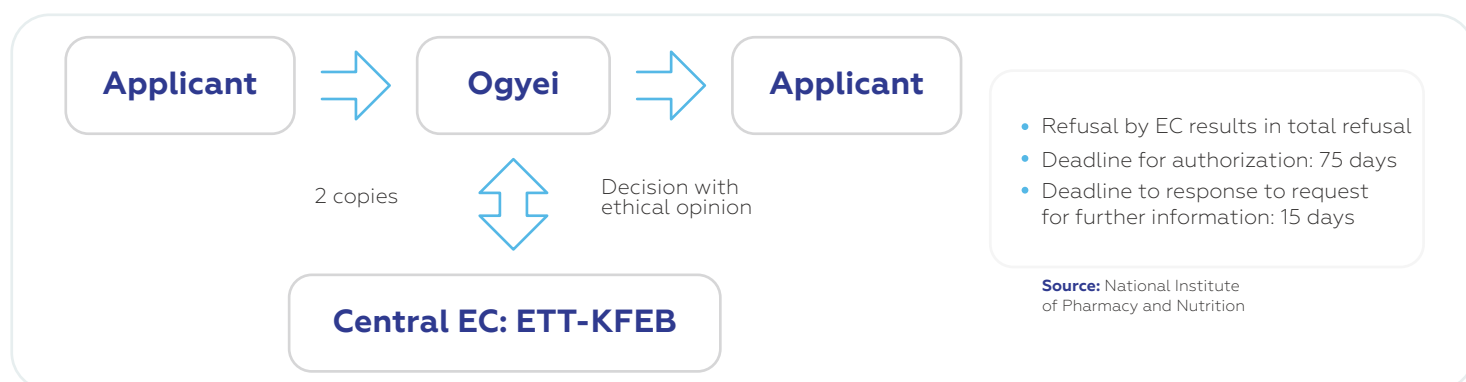
CLINICAL TRIALS IN HUNGARY 2021 BY PARTICIPANT TYPE



REGULATORY SYSTEM

As a European Union member state since 2004, Hungarian laws and regulations are EU harmonized (e.g. EU CTD, GDPR). The relevant authorities with regard to the regulation of clinical trials are the National Institute of Pharmacy and Nutrition (NIPN) [Országos Gyógyszerészeti és Élelmezés-egészségügyi Intézet (OGYÉI)] working with the central ethics committee, and the Medical Research Council (MRC) [Egészségügyi Tudományos Tanács (ETT)]. The authorization process is well regulated including specialized regulations for Phase I, GMO, medical device and non-interventional studies. For instance, when a clinical trial is conducted with a GMO IMP, the Committee of Human Reproduction of MRC will also be involved in the initial authorization process.

OUTLINE OF CLINICAL TRIAL SUBMISSION PROCESS



During the clinical trial authorization process the NIPN/OGYÉI asks for the Specialized Authority Position Statement from the Medical Research Council in parallel with its own review of the package and will only authorize the trial where the central ethics committee provides a positive opinion (i.e. a supportive Specialized Authority Position Statement).

The MRC has the following ethical committees:

- The Ethics Committee for Clinical Pharmacology
- The Committee of Human Reproduction
- The Scientific and Research Committee
- The System of Regional Committees

The local, or regional ethics committees do not authorize studies, they are responsible for local oversight of the trials and need information notification of the study start-up, close-out and about the local SAEs.

The NIPN/ OGYÉI and the MRC have a reputation for being responsive during the clinical trial submissions and authorization processes as compared to other neighboring countries and several other regions of the world. They ensure a highly collaborative and supportive regulatory environment.

Currently there are two ways for the initial authorization of a trial via:

- National Authorization
- Voluntary Harmonization Process (VHP)

In general, using the national process is more favorable in the case of single country trials. The VHP can be used in multi- country trials involving at least two EU countries. VHP is a procedure which makes it possible to obtain a coordinated assessment of an application for a clinical trial that is to take place in several European countries 25. It harmonizes the approval timelines of key documents, like protocol, IB, IMPD among the participating countries. Hungary has actively taken part (since 2009) in the VHP process. The Hungarian competent authority is often involved as the reference country, therefore it has significant experience with this authorization procedure.

AVERAGE START-UP PERIOD DURATION

Individual stages	Days	Weeks	Months	week 1	week 2	week 3	week 4	week 5	week 6	week 7	week 8	week 9	week 10	week 11	week 12	week 13	week 14	week 15	week 16	week 17	week 18	week 19	week 20
Translation of docs and submission dossier preparation	35	5	1,2	●	●	●	●	●															
Review & approval by National Institute of Pharmacy (NIP)	77	11	2,5						●	●	●	●	●	●	●	●	●	●	●				
Review & approval by the Central EC*	56	8	1,8							●	●	●	●	●	●	●	●	●					
Review & approval by local ECs**	21	3	0,7				●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Negotiating & signing study agreements	119	17	3,9	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Obtaining import/export licenses, importation & distribution of IMP***	28	4	0,9																	●	●	●	●
Summary																							
From submission till study approval	77	11	2,5						●	●	●	●	●	●	●	●	●	●					
From submission till first site initiation	98	14	3,2						●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
From start of work till first site initiation	133	19	4,4	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●

* Submission is performed to NIP only (forwarded by NIP to the Central EC); duration of review is irrelevant; done in parallel and within the timeframe of the RA review

** Local ECs are not involved into the study documents review and approval process

*** No importation license needed if imported from the EU

AUTHORIZATION TIMELINES BASED ON CROMOS PHARMA-MANAGED TRIALS (2018-2021)

INITIAL SUBMISSION PREPARATION:

30 average calendar days

after the receipt of core documents in English (incl. preparation of the submission package with customization and preparation of the Clinical Trial Application (CTA or Annex I) form, translations and customization of ICF, PIS, patient card, label, synopsis, patient diaries, and questionnaires/PROs).

AUTHORIZATION OF AN INITIAL SUBMISSION

59 average calendar days

ACKNOWLEDGEMENTS:

5 average calendar days

AUTHORIZATION OF SUBSTANTIAL AMENDMENTS:

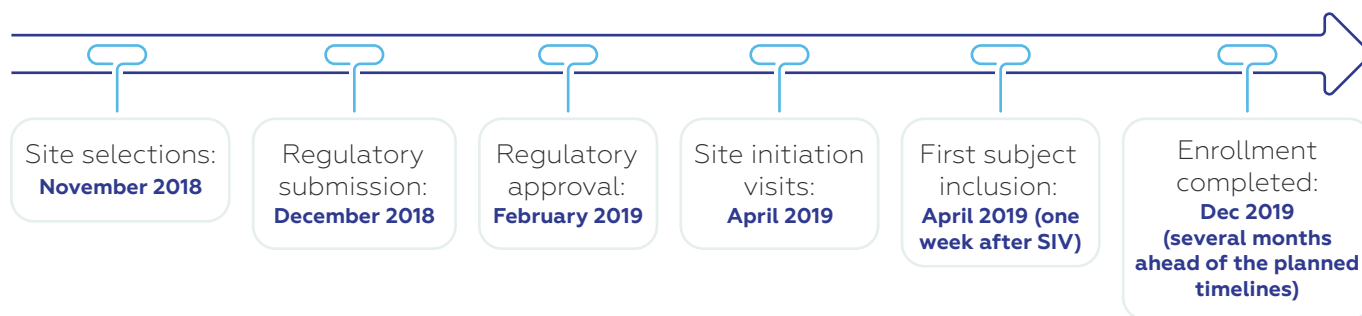
32 average calendar days

EU CLINICAL TRIAL REGULATION

The EU Clinical Trial Regulation (Regulation (EU) No 536/2014), which came into effect at the start of 2022 implements a VHP-like centralized authorization process for all EU member states. Hungary is in a good position to adapt to this new system having gained significant experience in the VHP process in recent years.

CASE STUDY

In 2018, Cromos Pharma was contracted to rescue an ongoing Phase I/II multi- country clinical trial in the field of neurology with recruitment difficulties. Hungary was selected to support the recruitment. Hungarian sites demonstrated an exceptional contribution by providing more than 50% of enrolled subjects.



Following a quick start-up period (~4.5 months from start of submission preparation to first site initiation visit), the study accrual increased significantly meeting the enrollment goal ahead of the client's expected timelines.

ABOUT CROMOS PHARMA

Cromos Pharma provides tailored and effective clinical trial services to support the development of drugs that transform healthcare. A US-based international CRO, with over 18 years' experience offering fully integrated services and delivering all aspects of clinical trials in all clinical phases across a wide range of therapeutic areas. Cromos Pharma delivers rapid recruitment and excellent patient retention as well as expert study design and management. Cromos Pharma has strong regional experience in Central and Eastern Europe. Its US HQ is in Portland, Oregon and its European HQ is situated in Dublin, Ireland.

CROMOS PHARMA IN HUNGARY

Cromos Pharma has an experienced team on the ground in Budapest who effectively manage regulatory and contracting processes to ensure that studies can get up and running in the quickest time possible. We recruit highly educated and experienced personnel to guarantee each trial managed by our team in Hungary produces the exceptional quality data and results.

For more information about running your clinical trial in Hungary please contact:



**ZSOLT
KOC SIS**

MD, MBA
Head of Region,
Central Europe

zsolt.kocsis@cromospharma.com